

# A Dietitian's Halloween Candy Recommendation for Kids with Food Allergies

Consider purchasing YumEarth Organic Snack Pack Candies for handing out on Halloween.

Some of your little trick-or-treaters will have dangerous food allergies and a treat they can eat will be appreciated. YumEarth products are completely, allergen-free.

Another good reason to choose YumEarth is that they color their products with fruit and vegetable juices as well as other naturally occurring colors derived from roots – there is no artificial dye in our products. See [this post](#) for the dangers of artificial food color.

These are the candies that YumEarth has on Amazon that come in snack pack sizes. The last product is also gluten free.

**This choice is gluten-free**