

Healthy Dinner Menu: Pork, Miso Brown Rice and Sweet Chili Brussels Sprouts

This is a delicious dinner menu. This is special enough that it could be served to guests, a Sunday night supper, or a romantic dinner for two.

Be sure to make enough so that you have leftovers for the next day. Package your leftovers like this so all you have to do is pop it in the microwave for a super quick meal.



Dish up leftovers like this!

[Sweet Chili Brussels Sprouts](#)

[Roast Pork Loin with Garlic and Rosemary Crust](#)

[Miso Wild and Brown Rice Pilaf](#)